

“Organize Your Life”

Carolinas HealthCare System
Employee Assistance Program
invites you to join us
for a **free** seminar
focused on helping you become more
organized at home and work.

Participants will learn:

-specific tips for work organization.

-specific tips for home organization.

*-strategies for maintaining an
“organized” lifestyle.*

Carolinas HealthCare System
Employee Assistance Program
(CHS EAP) is designed to help you
and members of your family with all
types of issues--marital conflicts, job
stress, emotional, alcohol and drug
problems, and difficulties with
children. Whatever the problem,
if you need help call CHS EAP at
704-355-5021
or
800-384-1097.



Space is limited so please call
704-355-5021 or 800-384-1097
for reservations.

Presented by:

Carolinas HealthCare System



Employee Assistance Program

For your convenience this
seminar will be held at
multiple locations:

Charlotte

CHS EAP Office

720 East Blvd.

April 14th, 2010

5:30 pm - 6:30 pm

Monroe

CHS EAP Office

2202-D West Roosevelt Blvd.

April 20th, 2010

Noon - 1:00 pm

Shelby

Cleveland Regional Medical
Center

Auditorium

April 30th, 2010

11:30 am - 12:30 pm

or

12:45 pm – 1:45 pm