

Revive, Relate, Renew; Key Elements for More Satisfying Relationships

Carolinas HealthCare System
Employee Assistance Program
invites you to join us for a
free couples workshop.

This two-part seminar will be
held from **5:30-6:30 p.m.** on
February 9th and 16th at
720 East Blvd Charlotte, NC

Carolinas HealthCare System
Employee Assistance Program
(CHS EAP) is designed to help you
and members of your family with all
types of issues-marital conflicts, job
stress, emotional, alcohol and drug
problems and difficulties with children.

Whatever the problem, if you need
help call CHS EAP at
704-355-5021
or
800-384-1097.



Space is limited so please call
704-355-5021
for Reservations

Presented by:

Carolinas HealthCare System



Employee Assistance Program

Participants will learn:

- the myths and truths about healthy relationships.
- the differences in male and female thought processes.
- how to identify and meet the needs of significant others.
- tips for improving communication.

About the Presenters:

Dr. Gabe Rogers is the Clinical Coordinator for CHS EAP services. He has a Doctorate in Counseling as well as being a Licensed Professional Counselor.

JoAnn Larsen is a National Certified Counselor as well as a Licensed Professional Counselor. She has been working at CHS EAP since 2006.