

“Back to School”

Carolinas HealthCare System
Employee Assistance Program
invites you to join us for a **free** seminar
designed to help prepare you and your
family for the upcoming school year.

Participants will learn:

- *strategies to ease the back- to-school transition.*
- *tips for managing teachers, counselors and extracurricular activities.*
- *methods for organizing parents’ and kids’ schedules.*

Carolinas HealthCare System
Employee Assistance Program
(CHS EAP) is designed to help you and
members of your family with all types of
issues-marital conflicts, job stress,
emotional, alcohol and drug problems,
and difficulties with children. Whatever
the problem, if you need help
call CHS EAP at
704-355-5021
or
800-384-1097.



Space is limited so please call
704-355-5021
for reservations.

Presented by:

Carolinas HealthCare System



Employee Assistance Program

For your convenience this seminar will
be held at multiple locations:

Albemarle

Stanly Regional Medical Center
Family and Education Center
Azalea Room
August 5th, 2010
Noon -1:00 pm

Charlotte

CHS EAP Office
720 East Boulevard
August 12th, 2010
Noon - 1:00 pm

Concord

CMC NorthEast
Medical Arts Classrooms 1, 2
August 17th, 2010
Noon - 1: 00 pm

Monroe

CHS EAP Office
2202-D West Roosevelt Blvd.
August 18th, 2010
Noon - 1:00 pm

Webinar (Via the Internet)

August 31st, 2010
Noon - 1:00 pm (EST)