

Carolinas HealthCare System
Employee Assistance Program
Educational Workshops
1st Quarter 2012

Date	Subject	Goal	Location
January 10 th Noon - 1:00 pm	<i>Basic Budgeting</i>	- learn effective budgeting methods and skills	Monroe, NC
January 12 th Noon - 1:00 pm	<i>Basic Budgeting</i>	- learn effective budgeting methods and skills	Charlotte, NC
January 18 th Noon - 1:00 pm	<i>Basic Budgeting</i>	- learn effective budgeting methods and skills	Albemarle, NC
January 25 th Noon - 1:00 pm	<i>Basic Budgeting</i>	- learn effective budgeting methods and skills	Concord, NC
January 31 st Noon - 1:00 pm (EST)	<i>Basic Budgeting</i> <i>(Webinar)</i>	- learn effective budgeting methods and skills	Via the Internet
February 2 nd 11:30 pm - 12:30 pm or 12:45 pm - 1:45 pm	<i>Basic Budgeting</i>	- learn effective budgeting methods and skills	Shelby, NC
February 7 th 5:30 pm - 6:30 pm	<i>Couples Dynamics</i>	- discover how to identify and meet the needs of your partner	Concord, NC
February 8 th 5:30 pm - 6:30 pm	<i>Couples Dynamics</i>	- discover how to identify and meet the needs of your partner	Albemarle, NC
February 15 th 5:30 pm - 6:30 pm	<i>Couples Dynamics</i>	- discover how to identify and meet the needs of your partner	Monroe, NC
February 22 nd 5:30 pm - 6:30 pm	<i>Couples Dynamics</i>	- discover how to identify and meet the needs of your partner	Charlotte, NC
March 8 th Noon - 1:00 pm	<i>What Is Normal Teen Behavior?</i>	- strategies for you and your teen to survive and thrive	Concord, NC
March 13 th Noon - 1:00 pm	<i>What Is Normal Teen Behavior?</i>	- strategies for you and your teen to survive and thrive	Albemarle, NC
March 14 th Noon - 1:00 pm	<i>What Is Normal Teen Behavior?</i>	- strategies for you and your teen to survive and thrive	Charlotte, NC
March 20 th Noon - 1:00 pm	<i>What Is Normal Teen Behavior?</i>	- strategies for you and your teen to survive and thrive	Monroe, NC
March 28 th 7:30 am - 8:00 am (EST)	<i>CHS EAP Orientation</i> <i>(Webinar)</i>	- learn about the services that your EAP can offer you	Via the Internet
March 28 th Noon - 12:30 pm (EST)	<i>CHS EAP Orientation</i> <i>(Webinar)</i>	- learn about the services that your EAP can offer you	Via the Internet
March 28 th 6:00 pm - 6:30 pm (EST)	<i>CHS EAP Orientation</i> <i>(Webinar)</i>	- learn about the services that your EAP can offer you	Via the Internet

**Advance registration is required and space is limited so please call
704-355-5021 or 800-384-1097 to register and for location.**
These dates and topics are subject to change based on demand.
Seminars may be cancelled without adequate registration.